

WHAT'S YOUR PLAN?



Message from the Board Chair



Time management guru Alan Lakein is said to have originated one of my favorite sayings: "Failing to plan is planning to fail." He took the words right out of my mouth. Another favorite: "If you don't know where you are going, any path will take you there." I use both maxims often because they help me focus on goals I would like to achieve. More importantly, they help me make decisions on a regular basis.

For example, if you have an important opportunity in San Francisco and you have no money to get there, you might start by walking. What if two motorists stop to offer you a lift? Let's say one is an old hippie, playing Grateful Dead music in a vintage Volkswagen van headed to Haight Ashbury. The other individual, driving a Bentley, is on the way to the private jet terminal in Santa Monica. He offers you passage on his luxurious jet for a weekend in Turks & Caicos. Which ride would you choose?

The answer to that question will reveal whether you have a plan and if you have set goals.

The goals tell you where you want to go. The plans are methods and tactics you must employ to achieve your goals. I have found that, in life, goals and the plans to achieve them are ever changing.

I grew up in a relatively poor family. My goal was simply to have a bed for my own use, without any of my brothers crowding in with me. As I got older, I wanted to be a baseball player, then a foreign service officer like Ralph Bunche, then a civil rights attorney. Throughout my life, the goals have continued to change. Each time, my plans had to change to empower my new direction.

We each must define what we would like to achieve in the various stages of our lives and devise the right plans to reach our goals. The paths to our life goals will always be littered with obstacles and/or distractions (e.g., the private plane to Turks & Caicos). Successful people focus on the goal and refuse to be defeated by obstacles or waylaid by distractions.

I once had a track coach who gave me advice about running the hurdles. "Keep your eyes on the finish line," he said. "Let all the work you have done in preparing for the race take you over the hurdles, because if you start to look at the hurdles, they become larger and larger and soon, you will hit one." Simple advice, but quite a metaphor for life. If you are prepared (i.e., you have a plan), you can overcome obstacles that might otherwise seem insurmountable.

At AABLI, we devote ourselves to helping individuals make sound, thoughtful plans to achieve some of their life goals. It is the reason for our existence. We invite you to join our family and help us reach our own goal: to make our community and world a better place for everyone.

Stay encouraged,

Virgil Roberts AABLI Board Chair

Register Now for the Next Board Leadership Program

Registration Closes March 20, 2015 - Don't Miss Out!!!



Click here to register and complete the online application.



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Sally Fairman (The Usual Suspects Theater

Company) Sarah Harris Shelia McAfee Sheri Betts Sheri Dunn Berry Sherrie Gordon Sierra Smith Sonia Isaacs

Suzanne Isabelle Simmons

Tammy Johnson Thyonne Gordon Veronica Whitfield

Wendy Gladney Dean (Forgiving For Living)

William Strickland Yolanda Gorman



It's official... Class # 5 wins the Alumni Throwdown!



Michael Johsnon, D'Artagnan Scorza, Felicia Brown & Brandon Roberson

The Alumni Throwdown results were announced at Rush Street Restaurant, Culver City, on January 29, 2015. The winning cohorts were presented with the AABLI Cup! Click here to see more photos!

Shout out to all alumni - AABLI appreciates your generosity! A special thank you to the class team captains!





AABLI's 2014 Holiday Mixer



Photo by Leroy Hamilton

The <u>Craft and Folk Art Museum</u>'s unique, welcoming environment provided the perfect backdrop for our winter holiday mixer.

AABLI alumni and guests enjoyed an evening of high spirits and camaraderie.

Check out who was there... <u>click here to see photos!</u>



Placements



Dorothy Randle
Executive Director, Los Angeles City Council District
9 Business Resource Center was elected to serve on
the board of Hands4HopeLA



Zaneta Smith
Founder & Principal Consultant, at Good Works
Consultants, was elected to serve on the board of
the International Association of Social Work with
Groups, Southern California Chapter - Long
Beach (IASWG)



Spotlights





Alcoholism Center for Women ACW

In a recent letter to AABLI, Executive Director Lorette Herman wrote: "On behalf of the ACW Board Chair, Jeannette Bronson, the entire board and I would like to thank you from the bottom of our hearts for referring Karen Peterkin to ACW. Ms. Peterkin asked very engaging questions about our finances, operations, future goals and board functions, showing her understanding of how nonprofits and boards of directors work. She came to our facility for a tour and enjoyed seeing our buildings and meeting our clients. She genuinely voiced her desire to help our women and youth and support our mission and vision.

"Since Ms. Peterkin has been on the board, she has been very helpful with our fundraising events and building restoration. She is wise, positive and compassionate. We are impressed with her and AABLI's board preparation process. We hope Ms. Peterkin stays on our board for a very long time and AABLI refers other AABLI participants to consider joining our board of directors. We could not be more pleased with Ms. Peterkin or AABLI."

Sincerely, Lorette Herman Executive Director

AABLI Class # 3 Alum, Karen Peterkin

Karen is the Vice President of Development, Scripted & Alternative at DuBose Entertainment, in Los Angeles.

Peterkin joined ACW's board in July 2014. "
[T]hrough my participation in AABLI's Board
Leadership Program," she said, "I gained a better
understanding of how to be an effective board
member. The placement process for the Alcoholism
Center for Women (ACW) board was a smooth one:
a phone call with the Executive Director, an invitation
to tour the facilities and attend a board meeting,
followed by submission of my application. I love
serving on ACW's board and am grateful for the
wonderful work we do in the community. For anyone
looking to serve on a board, I encourage you to
consider ACW. We are changing lives for the better."



Staff News

AABLI's President and CEO Receives the Admiral Samuel L. Gravely Leadership & Service Award



PBC President Jonathan Williams,
Y. Chappell-Ingram & Admiral Ponds
Photo by Yolande Hill

Pacific Battleship Center (PBC) selected Yvette Chappell-Ingram as this year's recipient of the Admiral Samuel L. Gravely Leadership & Service Award. The presentation took place aboard the Battleship Iowa, located on the Los Angeles Waterfront, during a brief ceremony on Wednesday, February 18, 2015.

The Admiral Samuel L. Gravely Leadership & Service Award, an annual recognition, salutes African American leaders in Southern California who exemplify the trailblazing, courageous service of the late U.S. Navy Vice Admiral.

"As we celebrate Black History Month, highlighting the accomplishments of great men and women and their contributions to the country we love," said Chappell-Ingram, "I am very pleased to accept the Admiral Samuel L. Gravely Leadership & Service

Award because of the outstanding American for whom it was named." She expressed thanks to PBC President Jonathan Williams, his staff, the crew, Patrick Kohler and other members of the Pacific Battleship Center board of directors "for having the vision and foresight to establish this very noble leadership and service award."



Alumni Happenings!

Class # 3 alum, Thyonne Gordon, Ph.D., recently wrote an article for AABLI entitled "Want to Land a Seat on a Board?"

Many think it's nearly impossible unless you know someone, are an expert networker or have a particular type of job experience. In fact, those things are important in the process, but there's a lot more to the equation. With the right guidance, it's not really complicated.



Landing a board position takes initiative and persistence. The African American Board Leadership Institute (AABLI) was formed in 2011 to address the engagement of potential board members to a broad range of governing boards. Traditionally, African Americans and other people of color were under-represented on the majority of governing boards, so AABLI set out to help make the process of joining a board more accessible for this population. Through AABLI's Board Leadership Program, the board engagement process became easier to navigate and alumni were recruited to fill the gap on boards for corporations, nonprofits, foundations and state commissions.

The organization offers these five tips to prepare for a board seat:

- Learn what it means to sit on a board of directors. Academic boards are different from corporate boards and both are different from nonprofit boards. On top of that, each entity's board commitments range in scope. Understand what it means to sit on a board and know what your goal is for that board.
- 2. Train yourself to be a good board member. There are several board leadership training programs available across the country, including AABLI's program. Organizations like the Junior League are national in scope but local board training is normally found by a quick web search. A good training will include informing participants of the fiduciary responsibility of each board member and the process in which this is carried out. Remember, board members are the governing bodies of organizations and with that comes responsibility for those entities. Know what you're responsible for.
- 3. Research the organization you've targeted for possible board governance. You can find most corporate board information on the corporations' websites and in their annual reports. Nonprofit organizations are listed on the GuideStar platform; their program and operational information is public. Call the organization of interest and ask about the policies for joining their board.
- 4. Network for connections. Ask your friends if they know of interesting board opportunities. "Friend" others on LinkedIn and other social media outlets. Volunteer with nonprofit organizations to get a feel for their board presence. Once you make known your desires, you will be surprised at the opportunities that come your way.
- 5. Offer your best you. Boards look for people who can add value to the work they do. Have your résumé and credentials up to date and in their best shape. Finding a good board fit is like shopping for a great pair of shoes: you want to make sure you're comfortable with what's coming your way because can expect a long term commitment with the entity. Ask questions of your potential board so that you know it's a good fit. What is the organization's financial condition? What is the role of the board? Is there an orientation process? These are just a few questions to help you find the right fit.

For more resources on the board process and board governance, visit AABLI's resource page online (<u>click</u> here).



Recommended Reading

"All compromise is based on give and take, but there can be no give and take on fundamentals. Any compromise on mere fundamentals is a surrender. For it is all give and not take."

~ Mahatma Gandhi

At the recommendation of Ron Carter, class #1 alum, "Give and Take" by Adam Grant provides insight on why helping others is simply the right thing to do!





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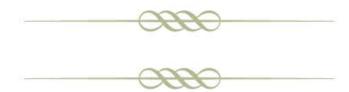












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